

Care Certificate progress log, mapping and sign-off document

Standard Number: 9

Standard Title: Awareness of Mental Health conditions, Dementia and Learning Disability

Document guidance

This document provides an overview of the outcomes and assessment criteria for Standard 9: Awareness of Mental Health conditions, Dementia and Learning Disability. It identifies the criteria within the Standard that should have been achieved upon successful completion of the underpinning knowledge within the Care Certificate workbook. Employees must demonstrate their competence in practice in order to fully achieve this Standard of the Care Certificate.

This progress log and sign-off document should be completed jointly by the employee and the manager/supervisor/assessor to confirm that all outcomes and criteria have been achieved in practice in the work setting. Supplementary evidence can be attached to demonstrate achievement and it is suggested to do so as good practice.

This document also provides an outline of the suggested mapping of outcomes and criteria within Standard 9: Awareness of Mental Health conditions, Dementia and Learning Disability of the Care Certificate to the recommended Qualifications and Credit Framework (QCF) unit, the National Minimum Training Standards for Healthcare Support Workers and Adult Social Care Workers in England and the Common Induction Standards. This document does not necessarily indicate direct mapping of criteria and therefore assessors and/or managers should ensure they follow the guidance below. Please note that when the term assessor is used throughout this document this could be the manager, supervisor or assessor and will be decided by the employing organisation.

This document should always be used in conjunction with the guidance provided in the Care Certificate Framework Technical Document.

Guidance for assessors

Assessors must ensure that the learner has produced evidence for each assessment criterion that is valid, authentic, reliable, current and sufficient. Therefore assessors **must not assume** that if the mapping document indicates a criterion could have already been achieved, the mapped criteria within the QCF unit should automatically be awarded. Learners and assessors are responsible for ensuring that the outcomes and criteria within the QCF unit and standards below have been achieved to the required standard. For reference, within the column that refers to coverage of the relevant QCF unit, a **P** indicates that the Care Certificate criteria provides partial coverage of the relevant criteria within the QCF unit, whereas an **F** indicates full coverage.

The **Assessment method used** column is included to allow assessors to provide evidence of the type of assessment method that has been used to assess the Care Certificate criteria. This is likely to be noted as the Care Certificate Workbook; however, further evidence could include professional discussion, observation, question and answer, e-learning, witness testimony, etc. This column can also be completed to evidence competence using these example assessment methods.

The **Evidence location** column is included to provide a clear signpost to where the learner's evidence can be found. This may be within a portfolio of evidence, a continued professional development (CPD) file or electronically via e-learning or e-portfolio.

| Unit number | Unit title | Level | Credit |
|-------------|---|-------|--------|
| J/601/2874 | Dementia Awareness | 2 | 2 |
| J/601/3538 | Understand the process and experience of Dementia | 3 | 3 |
| J/602/0103 | Understand Mental Health Problems | 3 | 3 |

| Care Certificate Standard 9 Outcome | Care Certificate Standard 9 Criteria | Knowledge/ Competence | Question within workbook | QCF unit: Dementia Awareness P = Partial F = Full | QCF unit: Understand the process and experience of Dementia P = Partial F = Full | QCF unit: Understand Mental Health Problems P = Partial F = Full | National Minimum Training Standards: Standard 7 – Person-centred care and support | Common Induction Standards: Standard 7 – Person-centred support | Assessment method used | Evidence location | Sign-off initials | Date |
|---|---|-----------------------|---|---|--|--|---|---|------------------------|-------------------|-------------------|------|
| 9.1 Understand the needs and experiences of people with mental health conditions, dementia or learning disabilities | 9.1a. List how someone may feel if they have: 1. Mental health conditions such as: 2. Psychosis 3. Depression 4. Anxiety 5. Dementia 6. Learning Disabilities The issues may be physical, social or psychological and will affect the individual in different ways | K | 9.1a, b and c Part i) 9.1a, b and c Part ii) | AC1.2 – P AC3.2 – P | AC1.2 – P AC1.3 – P | AC1.1 – P | 7.3.1 | S7 – 3.1 | | | | |
| | 9.1b. Explain how these conditions may influence a person's needs in relation to the care that they may require | K | 9.1a, b and c Part i) 9.1a, b and c Part ii) | AC4.1 – P | AC1.4 – P AC1.5 – P | AC2.1 – P | | | | | | |
| | 9.1c. Explain why it is important to understand that the causes and support needs are different for people with mental health conditions, dementia and learning disabilities | K | 9.1a, b and c Part i) 9.1a, b and c Part ii) | AC4.1 – P | AC1.1 – P | AC2.1 – P | 7.3.1 | | | | | |

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|--|--|---|------|-----------|------------------------|-----------|--|--|--|--|--|--|
| <p>9.2 Understand the importance of promoting positive health and wellbeing for an individual who may have a mental health condition, dementia or learning disability</p> | <p>9.2a. Explain how positive attitudes towards those with mental health conditions, dementia or learning disabilities will improve the care and support they receive</p> | K | 9.2a | AC4.1 - P | AC3.3 – P AC3.4 - P | AC2.1 - P | | | | | | |
| | <p>9.2b. Describe the social model of disability and how it underpins positive attitudes towards disability and involving people in their own care</p> | K | 9.2b | AC2.2 - P | | | | | | | | |
| <p>9.3 Understand the adjustments which may be necessary in care delivery relating to an individual who may have a mental health condition, dementia or learning disability</p> | <p>9.3a. Describe what adjustments might need to be made to the way care is provided if someone has</p> <ol style="list-style-type: none"> 1. A mental health condition such as: <ol style="list-style-type: none"> a. Psychosis b. Depression c. Anxiety 2. Dementia 3. Learning Disabilities | K | 9.3a | | | | | | | | | |

| | | | | | | | | | | | | |
|--|---|----------|-------------------|--|--------------------------------|------------------|--------------|-----------------|--|--|--|--|
| | 9.3b. Describe how to report concerns associated with any unmet needs which may arise from mental health conditions, dementia or learning disability through agreed ways of working | K | 9.3b | | AC2.2 – P AC2.3 – P | | 7.3.5 | S7 – 3.4 | | | | |
| 9.4 Understand the importance of early detection of mental health conditions, dementia and learning disabilities | 9.4a. Explain why early detection of mental health needs, dementia or learning disability is important | K | 9.4a | | AC2.1 – P AC2.4 – P | AC2.1 - P | 7.3.3 | S7 – 3.3 | | | | |
| | 9.4b. Give examples of how and why adjustments to care and support might need to be made when a mental health condition, dementia or learning disability is identified | K | 9.4b | | | | | | | | | |
| 9.5 Understand legal frameworks, policy and guidelines relating to mental health conditions, dementia and learning disabilities | 9.5a List the main requirements of legislation and policies that are designed to promote the human rights, inclusion, equal life chances and citizenship of individuals with mental health conditions, dementia or learning disabilities | K | 9.5a and b | | | | 7.3.4 | | | | | |

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|--|---|----------|-------------------|--|------------------|--|--------------|--|--|--|--|--|
| | 9.5b Explain how the legislation and policies listed may affect the day to day experiences of individuals with mental health needs, dementia or learning disabilities and their families | K | 9.5a and b | | | | 7.3.4 | | | | | |
| 9.6 Understand the meaning of mental capacity in relation to how care is provided | 9.6a Explain what is meant by the term “capacity” | K | 9.6a | | | | 7.3.4 | | | | | |
| | 9.6b. Explain why it is important to assume that someone has capacity unless there is evidence that they do not | K | 9.6b | | | | 7.3.4 | | | | | |
| | 9.6c Explain what is meant by “consent”, and how it can change according to what decisions may need to be taken | K | 9.6c | | | | 7.3.4 | | | | | |
| | 9.6d Describe situations where an assessment of capacity might need to be undertaken and the meaning and significance of “advance statements” regarding future care | K | 9.6d | | AC3.4 - P | | 7.3.4 | | | | | |

Declaration of completion

I confirm that the evidence provided by the employee meets the full requirements for **Standard 9: Awareness of Mental Health conditions, Dementia and Learning Disability of the Care Certificate.**

Employee signature:

Name of assessor*:

Assessor* signature:

Completion date:

*The Assessor can be your Manager, Supervisor or someone else authorised by your employing organisation. This individual provides confirmation that all learning outcomes and assessment criteria for the Care Certificate standard identified above have been completed and signed off by an authorising person.